



**EFT Spain
Official EFT International
Mentoring**



**Master Trainer of Trainers
Marie Holliday**

Contents:

- 1) Introduction
- 2) Meet Marie
- 3) Mentoring Requirements
- 4) Mentoring options
- 5) How does it work online?
- 6) What are the fees?
- 7) Enquiries & Contact



Bring your Questions & Issues

1) Introduction

Welcome to EFTSpain Mentoring with Marie Holliday, Master Trainer of Trainers. If you are looking for an EFT International approved and official Mentor then you may find this brochure helpful in considering Marie as your Mentor. Marie will walk you through the process here and simplify any questions about mentoring that you may have.

2) Meet Marie

Marie has been training for over 20 years plus and mentoring both groups and individuals for approximately 11 years. Marie is a professionally approved and Accredited Master Trainer of Trainers with EFT International Organisation (formerly known as AAMET International) where she was Training Director and member of their Executive Board.

Marie has lived in Spain for over 33 years and alongside her General Practice, specialises in Serious Illness and whilst somewhat different, specialises in using EFT with Animals.

Marie has courses in both these specialist areas, alongside her regular EFT International Courses, including her New EFT Animal Practitioner Course.

Marie works online internationally with clients and mentees from UK, USA, Hong Kong, India, Brazil, Portugal, France, Spain, Australia etc. thus working in all time zones across the world. You can be assured you are in experienced and safe hands with Marie as your Mentor and she always ensures a warm welcome to settle you into a friendly yet professional mentoring session.



3) Mentoring Requirements

EFT International is a professional organisation worldwide and as such, part of your membership, requires members to meet professional mentoring of 6 hours per annum, either by

- Group Mentoring
- Or One to One
- Or a Combination of both Group & Individual

These sessions must be with an approved, official EFT International Mentor.

Failure to meet these requirements can result in removal of your professional status and if this is a concern then please contact Marie for advice and a solution is generally possible with 'Catch -Up' mentoring.

4) Mentoring Options

Marie offers the following online options normally 90 minutes each which only entails 4 x sessions of 90 minutes a year to meet your EFT International requirements:

- Group Monthly Mentoring (maximum of 8 people as EFT International rulings) which are held every month throughout the year & Google Group notifications if you wish to join.
- One to One Individual Mentoring 90 minutes but can be flexible on time to suit your needs.
- Combination Mentoring made up of Individual & Group
- 'Catch-up' Mentoring if you are behind for whatever reason with your mentoring and it's a concern to you, then contact Marie who will often be able to organise mentoring with you at the last minute to ensure you maintain your status.

NEW! Specialist Group Mentoring with allocated Topic that you can bring your questions, interest etc along and develop your skills & knowledge more. They range from Serious Illness, Animals to Anxiety, Limiting Beliefs etc these are 2 hourly groups where you only need 3 sessions per year.

5) How does it work Online?

Group Mentoring:

1) Regular Group Mentoring: Marie requests your topic that you would like to discuss from everyone in the group. Marie will gather your issue or topic via an email prior to the session to save time for discussion and to give her preparation time if there is a need for sharing documents, images etc particularly on share screen.

Marie collates your topics and formats an agenda with everyone's topic and allocates individuals an individual time.

During the meeting which is held via Zoom for 90 minutes, Marie responds initially to your issue/topic, discusses it with you, offers advice where needed and then opens up the discussion to include everyone in the group for comments or input, time allowing.

Mentees are from all over the world and at different levels from foundational to trainer which ensures a vast and rich learning environment with a huge variety of topics brought to the session.

If you are nervous or feel like you are the only one that has ever had a certain issue or concern with EFT, you will soon discover you haven't. Which is reassuring and confidence building at the same time.

Marie always opens up a Waiting Room beforehand on Zoom, so you can ensure your audio & video connections are good.

2) NEW! Specialist Group Mentoring of 2 hours on one off basis or 3 sessions per year from a choice of set topics where you can attend your topic of choice.

Individual Mentoring:

Marie requests your topic(s) to save time and do preparation beforehand if necessary.

You make a mutual appointment via Zoom, normally for 90 minutes but this can be flexible if you need an hour or two hours, for example. You can be assured of confidentiality at all times and that you are in a safe environment.

6) What are the fees?

Currently, there are a variety of mentoring fees to suit your own needs and requirements with lots of flexibility and choice.

This includes from a 'one off' individual group mentoring, a 'one off' individual mentoring to discounted annual packages of 6 hours to meet your annual requirements.

So you are welcome to contact Marie with your exact needs and she can usually accommodate you.

Current Fees are listed & can be paid [here](#).

Current Group Mentoring Dates are listed [here](#). If you do not see the month you want, then contact Marie.

Specialist Group Mentoring Topics are listed [here](#) along with Fees.

7) Enquiries & Contact

Please feel free to contact Marie with any enquiry or concern with your mentoring and you will receive a reply, promptly within 24 hours at the latest.

Thank you & I look forward to meeting & supporting you with your mentoring.

Warmest wishes,

Marie x

